



Cardiac Rehabilitation Provider (CR Pro) App

Quick Start Guide

VA



U.S. Department of Veterans Affairs

Veterans Health Administration
Office of Connected Care

February 2018



Overview

The Cardiac Rehabilitation Provider (CR Pro) application (app) aids VA care teams in electronically facilitating care management of Veterans participating in home cardiac rehabilitation. Veterans enter their fitness, health, and mood information into the VA FitHeart App. Clinicians then use the CR Pro App to view the data and, if desired, export it as a progress note into the Computerized Patient Record System (CPRS). The app also allows clinicians to create and manage CPRS patient lists.

1

Prerequisites

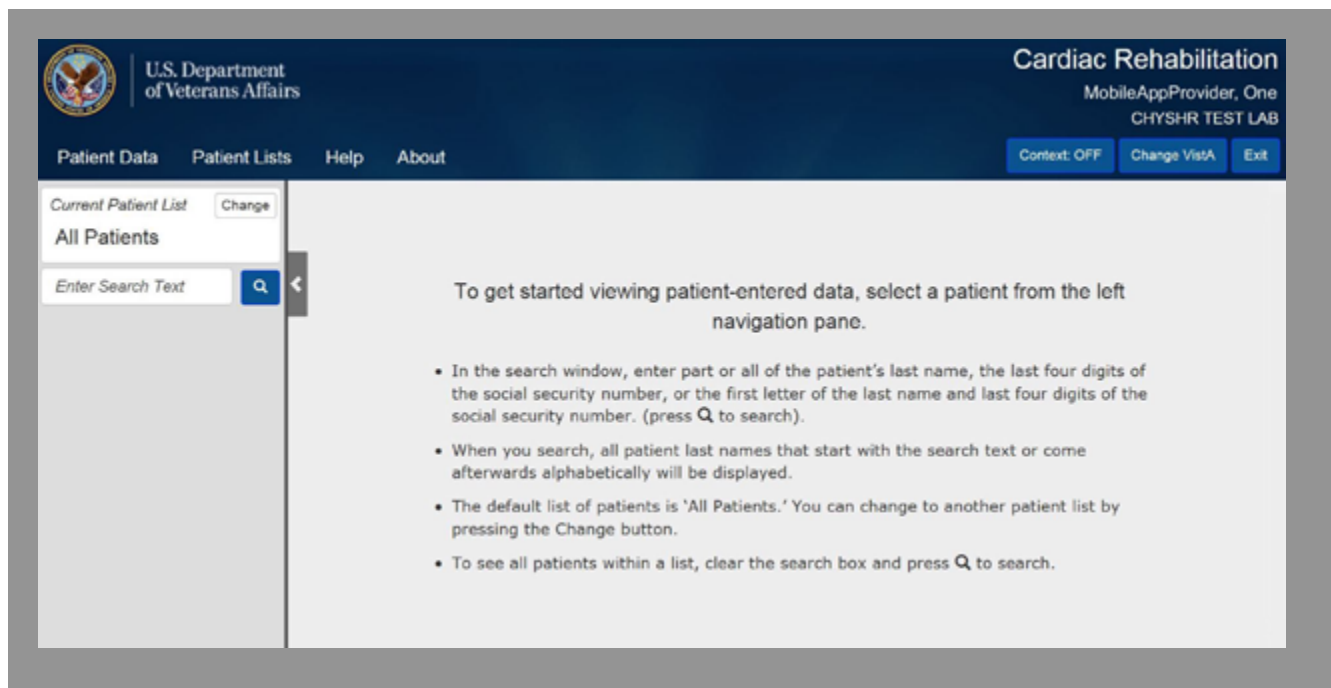
To use CR Pro, you must be a VA health care professional with credentials for the Veterans Health Information Systems and Technology Architecture (VistA).

2

Getting to Know the Screen

When you log into CR Pro, you will see your name and VistA location in the upper right corner of the home screen. There are seven main buttons at the top of the screen that will always be accessible and help you navigate the app:

- Patient Data – Select a patient, view fitness, health and mood information patients have submitted through their FitHeart App and create reports from the data.
- Patient Lists – Create lists of patients to better manage information.
- Help – Access to support information and materials.
- About – Background and explanation about the app.
- Context – Sync apps you are running simultaneously so that the same patient's data automatically loads across all apps.
- Change VistA – Switch VistAs to see patient information and patient lists from a different location.
- Exit – Exit the app.



3

Searching for a Patient

Before you can view patients' data, you must first search for and select a patient. Tap **Patient Data**, and you will go to a screen that is divided into two panes: the search pane on the left and instructions on the right. Your search will investigate a specific list of patients. The list defaults to All Patients, but you can change lists by tapping **Change**. A pop-up Change the Patient List Source box will appear, and tap the bar under the List Source. Tap **All Patients**, **Team/Personal Lists** or **Clinics**. Depending on your choice, you may have to specify additional details.

In the search pane, type in either part or all of a patient's last name, the last four digits of the social security number, or the first letter of the last name and the last four digits of the social security number. Tap the magnifying glass icon, and the names of the patients who match your search criteria will appear in alphabetical order. Tap on the name of the patient whose data you would like to view.

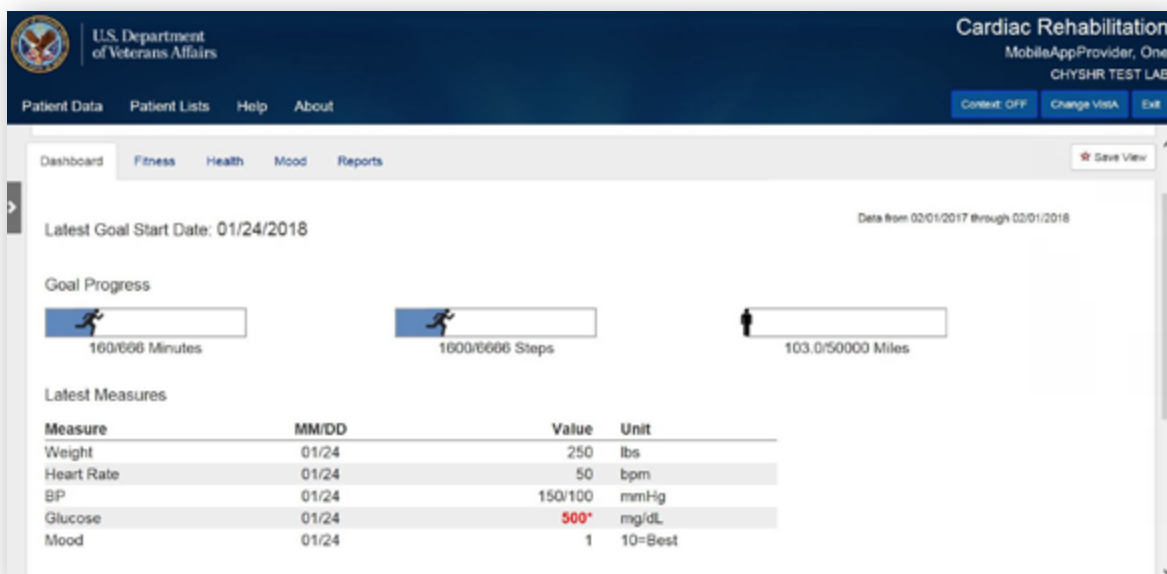
4

Understanding the Patient Data Screen

After you select the patient whose data you would like to view, you will go to the patient's Dashboard. At the top of the screen, you will always see the patient's name, social security number, gender, date of birth and age. Below, you will see five tabs that categorize the patient's data:

- **Dashboard** – An overview of the patient's recent health measurements and progress toward goals.
- **Fitness** – Tracking of the patient's activity in minutes, steps and/or miles. You can tap the box(es) next to Show Minutes, Show Steps and Show Miles to check or uncheck the data you would like to view.
- **Health** – Measurements of the patient's weight, heart rate, blood pressure, glucose and lipids.
- **Mood** – Assessment the patient has provided about mood.
- **Reports** – Pulling together data you would like to export into a report.

You can filter or change the view of the data by adjusting the View Mode, Start Date, End Date and Summarize options. If you would like to use the filters you have set as your preference so that they will be the default when you return to the screen, tap **Save View**.



5

Creating Reports from Patient Data

After you select the patient whose information you would like to view, tap **Reports** on the Patient Data screen. Tap **Generate Report**, and the information you requested in your report will appear in the box. You can then tap either **Download a Copy** to save the report to your device or **Export to CPRS** to add the data to the patient's VA record. You can customize the data that you include in the report by selecting Fitness Data, Health Data and Mood Data. You can also change the output format by tapping either **Text** or **CSV** from the drop-down menu.

6

Understanding and Creating a Patient List

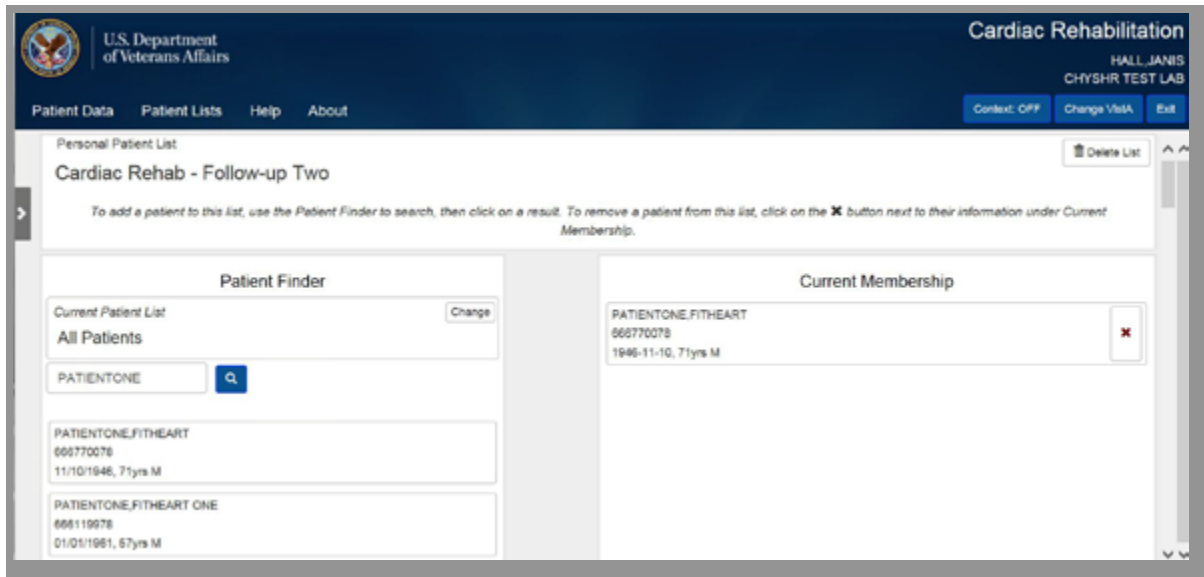
Creating a patient list allows you to group together patients and better manage their data. When you create a list, it will be tied to the VistA you are currently viewing in the CR Pro App. If you are registered with more than one VistA, change the VistA you are viewing to create patient lists specific to that site. To create a new list, tap **Patient List** at the top of your screen. Tap **+Create New List**, and a pop-up Create a New Patient List box will appear. Type a title for your list in the List Name box. Next to "Who can see this list?" tap the circle next to either Just Me or All CPRS Users. Tap **Create List**, and you will go to the list's details screen where you can add or remove patients.

7

Adding a Patient to a List

Tap **Patient Lists**, and on the left side of the screen, you will see all the existing patient lists. Tap the list to which you would like to add a patient. You will go to a screen that is divided into two boxes: a Patient Finder box on the left and a Current Membership box on the right. Your search will investigate a specific list of patients. The list defaults to All Patients, but you can change lists by tapping **Change**. A pop-up Change the Patient List Source box will appear, and tap the bar under the List Source. Tap **All Patients**, **Team/Personal Lists** or **Clinics**. Depending on your choice, you may have to specify additional details.

In the search pane, type in either part or all of a patient's last name, the last four digits of the social security number, or the first letter of the last name and the last four digits of the social security number. Tap the magnifying glass icon, and the names of the patients who match your search criteria will appear in alphabetical order. Tap on the name of the patient you would like to add to the list, and the name of the patient will appear in the Current Membership box.



7

Deleting a Patient from a List

Tap **Patient Lists**, and under Patient Lists, tap the list from which you would like to delete the patient. You will go to the list's details screen. In the Current Membership box, find the name of the patient you would like to delete. Tap the **X** to the right of the name, and the name of the patient will disappear from the list.

Deleting a List

Tap **Patient Lists**, and under Patient Lists, tap the list you would like to delete. You will go to the list's details screen. In the upper right corner, tap **Delete List**. A pop-up box will appear asking if you are sure you would like to delete the list, and tap **OK**.

Help and Additional Information

Additional Training Materials for the Cardiac Rehabilitation Provider App

To access the app's built in resources, tap **Help** at the top of your screen. You will go to a screen that provides you with instructions for how to use the app's features. You can either scroll through the page to read the information or tap on the seven categories to jump to that section of instructions on the screen: **Introduction, Logging In, Logging Out, Primary Navigation Menu, Patient Data, Patient Lists** and **Additional Information**. More resources, such as a User Manual, Slideshow and FAQs, are available at mobile.va.gov/appstore, and search for the app to access the resources.

Help Desk Information

If you need help with the Cardiac Rehabilitation App, dial **1-844-482-6624** to speak with a VA representative. The Help Desk is open weekdays from 7 a.m. to 7 p.m. CT. For TTY assistance, dial 711.

Emergencies

You should never use this app in an emergency. If you encounter an emergency, call your local medical center or dial 911. If you feel your information may have been compromised, contact your local VA facility to obtain the contact information for your Privacy Officer. To locate your local VA facility, visit VA's Facility Locator: <http://www.va.gov/directory/guide/home.asp?isflash=1>.